

"The kind of life-altering perspective we expect from Bateson. . . . She champions the virtues of discontinuity—the growth spurts, the sudden illuminations." —*Los Angeles Times*



COMPOSING A FURTHER LIFE

*The Age of
Active Wisdom*

Mary Catherine Bateson

BESTSELLING AUTHOR OF *Composing a Life*

Mary Catherine Bateson

Composing a Further Life: The Age of Active Wisdom



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Mary Catherine Bateson—writer of the landmark bestseller *Composing a Existence*—from a retired boatyard worker turned silversmith to a famous actress to a former foundation president exploring the crucial role of grandparents inside our society. In *Composing an additional Life*, Bateson redefines old age as an opportunity to reinvent ourselves and issues us to utilize it to pursue brand-new resources of meaning and ways to donate to society. Retiring no longer means withdrawing from existence, but engaging with it deeper, and *Composing an additional Life* points the way.—age of active wisdom”provides us an inspiring exploration of a new existence stage that she calls Adulthood II, due to the longer existence spans and greater resources we now appreciate. Bateson shares the stories of women and men who are flourishing types of this “



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" She urges us to use our wisdom to form a meaningful long term for our grandchildren and great grandchildren. She uses the life stories of individuals . Bateson really resonates with me.. Need to know how to instantly bond together with your grandchild. A fascinating, if unexpected excursion into the evolving religious beliefs of herself and others. She points out that in the last century, 30 years have been put into the expected life time, a particular developmental period that has never existed before. She phone calls it Adulthood II, an interval when those of us who've reached these years are "composing a further existence." She urges us to make use of our wisdom to form a meaningful upcoming for our grandchildren and great grandchildren. I am actively considering how exactly to live the best life that I could Fascinating book - written by the daughter of two famous people, Margaret Mead and Gregory Bateson.. All of Dr. Bateson's books are wonderful reads. Bateson on Krista Tippet's public radio present, "On Being," that discussed this publication and I needed to browse it.Both author and I've grown older and are today in the phase of life she calls adulthood II and I am thrilled to have her wisdom as a companion yet again. That earlier publication changed and motivated my life in ways that became therefore integrated I experienced forgotten their source. Content is a 5, organization is a 4.. Trip Planning!she has a secret trick... Withdrawal," whose basic power is "Active Wisdom," and whose fundamental pathology is "Indifference. I have recommended this book to many friends and I would recommend it to you with a warranty that you will learn something and enjoy it at the same time. Lifelong Learning It has been many years since I first go through and re-read her publication Composing a Lifestyle. We are able to be helpful. Climate change! She uses the life span stories of individuals with differing educational, racial,sexual, career and spiritual perspectives to explore this new life stage. Erik Erikson (somebody she studied with), has as a result added another developmental stage which she calls "Adulthood II," whose mental crisis can be "Engagement vs. Since I (like everybody else) am aging, I am actively taking into consideration how to live the best life that I could.Bateson writes with an uncommon knowing of how people live and what's important in lifestyle (anthropology background forms this, I imagine). Ms.. Nevertheless, her points are worth considering -- simply with many fewer web pages... Lives are Messy:Bateson has already established a fascinating profession. Her interviews with some of her past associates and others reveal much about her own approach to ageing. I am impressed by the courage it must take to reveal so a lot of a life's definitely not glorious paths. Bateson is the daughter of cultural anthropologist Margaret Meade and philosopher Gregory Bateson. Tedious Our reserve group recently discussed this reserve. Three Stars Didn't read much, sort of boring Needlessly lengthy Dr. Despair," whose strength Bateson renames to become "'Receptive." She does a wonderful job unpacking the next adulthood that lots of individuals experience right now. She frames second adulthood as more than merely waiting to die, but as a time to re-imagine your daily life and its possibilities. wonderful follow-up book to her earlier book A remarkable, wonderful follow-up publication to her earlier reserve, Composing a Life. In case you are approaching the age of 50 or already between 50 - 70, living in a Western kind of lifestyle, this book may appeal to I read the first part of the "series," Composing a Lifestyle, when it first came out a few decades ago and really appreciated it. Muxed Worthwhile concept & framework but repetitive & tedious in a short time, I thought. The consensus was that it had been tedious, dense and not nearly as inspiring as her previously book, Composing a Further Life. Bateson needed an editor badly because of this effort. Her factors could have been made in a scholarly article, succinctly. Rather she repeats herself and revels in her reflected glory. Lives are Messy: Bateson has already established a fascinating profession . Wisdom," and whose pathology she reframes as "Disdain" AND "'Humility... The

author and I are close to the same age and she sets out much to believe on in this time of lifestyle. It spoke deeply to me. I heard an interview with Dr. Her insights right into a changing world and changing culture along with her directions for activating our natural wisdom as the new breed of seniors is hopeful and thrilling. She concludes that, since humans live longer, now, than ever before, human development once again must alter its "sections. However, I came across it somewhat disappointing, A few of her ideas are great, and the premise can be good." Bateson, like Dr. Ms.and it functions!" This stage ties in just before Erikson's added stage, VIII, (one he added later on in his existence), whose crisis can be "Integrity vs. Great book This is a wonderful follow-up to Mary Catherine Bateson's "Composing a Life. The author and I are near the same age and ." I liked a few of her illustrations and her reasoning.



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