



*"This is a superb book. I recommend it highly."* —*Journal of Abnormal Psychology*, 110(4), 429  
*author of* *Deficit from Executive Function: The Case of ADHD*

# Attention Deficit Disorder

THE EXPOSED  
MIND IN CHILDREN  
AND ADULTS

Thomas E. Brown, Ph.D.

YALE UNIVERSITY PRESS · HEALTH & WELLNESS

Thomas Brown

Attention Deficit Disorder: The Unfocused Mind in Children and Adults  
(Yale University Press Health & Wellness)



[continue reading](#)

A leading professional in the assessment and treatment of Interest Deficit Disorder/Attention Deficit/Hyperactivity Disorder dispels myths and will be offering reassuring, practical information about treatments.willpower”This is the first book to address the perplexing question about ADD: how can individuals, some very bright, be chronically struggling to “ Brown describes what Increase syndrome can be, how it can be identified at different age groups, and how it could best become treated. Thomas E. yet be able to focus very well on specific jobs that strongly interest them?give consideration,”s management program prevent some individuals from being able to deal adequately with challenging tasks of childhood, adolescence, and adulthood. Brown disputes the “ Drawing on recent findings in neuroscience and a wealthy variety of case studies from his own clinical practice, Dr. explanation and clarifies how inherited malfunctions of the brain’ Dr. His publication can be an authoritative and useful guide for doctors and psychologists, parents and teachers, and the 7 to 9 percent of persons who suffer from ADD/ADHD.



[continue reading](#)

Clinically-Oriented Guide to ADD This is not the first book I'd recommend to laypeople: it's dense with references to the latest peer-reviewed medical studies, carefully-evaluated statistics about the prevalence of ADD in modern life, focuses less on individual case studies and is generally a far more clinically-oriented work than Edward Hallowell's *Distraction* series, Sari Solden's *Women with Attention Deficit Disorder*, Kate Kelly and Peggy Ramundo's *You Mean I'm Not Lazy, Stupid or Crazy?! Brown is one of the leading researchers in ADHD and this book makes that research understandable to common people. Which means it may end up being the perfect first source for a skeptic who refuses to acknowledge the validity of ADD, or someone with the scientific history to discover this orientation even more approachable. I would generally give it to medical professionals in an ADD-abled person's care if the service provider isn't familiar with Add more.* Lauren Williams, Certified Professional Organizer, Owner, Casual Uncluttering LLC, Woodinville, WA, USA Best book on ADHD As a psychiatrist that specializes in treating adult ADHD this is actually the one book I recommend to my sufferers (those that read books anyway). or Kathleen Nadeau's *ADD-Friendly Ways to Organize Your Life*. He describes symptoms in groups that actually make sense and stays from academic jargon that discussions of executive functioning regularly involve. He debunks the nonsense and myths and provides you the truth directly. He is also not scared to recommend medication as the well-proven, most effective way to treat ADHD. It is written very clearly and comprehensively for the nonmedical reader. On his website he has a explanation of his model of ADHD (he prefers the old term ADD) that's about 1 1/2 pages long that I printing out and review with my patients who have been newly diagnosed - I tell them to get the book if indeed they want additional information. I'm in my own 70s--wish this have been around when I was more youthful! It is nice to listen to a psychologist who cannot prescribe medications openly acknowledging and advocating for the use of medication (by the way - not absolutely all ADHD medicines are stimulants). Brown's afterwards book covers about the same material but is quite scientific and intended for the medical reader. This book is one of the most available volumes I've found on the neurobiological areas of ADD. Even more parents, teachers and doctors have to know about this book. Excellent The information is succinct and incredibly good. Excellent. No easy book, so be patient. Clear and thorough info about what ADHD is definitely! It showed me how some kids and adults live with having Insert or ADHD. If you are looking for a publication for research on Insert & Stimulant medications can be wonderful when they work. Even though they work however, the individual with ADD can benefit from his one designed counseling, schooling, and treatment. I make these comments as a retired psychiatrist with Insert, who personal diagnosed himself at about age 70, 4 years after retirement! I especially valued the chapter on co-occurring conditions. There are various related neurological conditions such as such as depression, stress and anxiety, and autistic spectrum disorders, that match ADD to make an individual's situation more difficult than is usually presented in books. Superb book. ADHD, this is the one for you. An excellent introduction to the neurobiology of ADD Over the last 2 yrs, I have been immersed both professionally and personally in discovering the relationship between executive functioning in the mind and personal functioning out in the globe. This worked perfectly for a project I was performing. Highly recommended. I am learning how to trainer ADHD adults and teens. This is one of the best books I've continue reading this subject. I appreciate the case studies. Essential read for parents. This is a good book for a study paper I firrst used this book for a research paper I did so in college. Today my behaviors is practical. I either find a book but not the audio or kindle, the sound, but not the kindle edition, or the kindle/ebook and no audio and if I found the sound and kindle, the audio had not been an unabridged version. Considering the market they are

discussing and trying to attain, anyone believing they have information to talk about should remember that ADDers utilizes a lot more than more way of processing information. Hence if one will write a publication about ADDers with the goal of helping ADDers, should have the information available in all the well-known forms of media. Chalk full of useful information and stories. My just quarrel with Brown is normally in his enthusiasm for stimulant medicine to the digital exclusion of other treatments. Best ADD/ADHD book This is essentially the most helpful ADD/ADHD book I've read (about 15 total). As someone who handles the difficulties of of ADHD (diagnosed at age 53, thus I fall in to the Adult ADHD category), We was very happy to get an audiobook and a kindle edition on this topic that We strongly resonated with, that I am aware and can tell others. Amazing! With that caveat, I recommend this book. A Reserve -- hardcover or softback Unabridged sound version Kindle and ebook Excellent explanations. A must read! A must read for all clinicians. I've read most of Barkley and Conner. Phenomenal. Five Stars Thank u Five Stars Great job Tom, older APA friend! Very useful! Very well written! This guy builds on them to brand-new useful heights. Annapolis Guy Three Stars liked



[continue reading](#)

download Attention Deficit Disorder: The Unfocused Mind in Children and Adults (Yale University Press Health & Wellness) epub

download Attention Deficit Disorder: The Unfocused Mind in Children and Adults (Yale University Press Health & Wellness) fb2

[download The Corset: A Cultural History e-book](#)

[download Wearing Propaganda: Textiles on the Home Front in Japan, Britain, and the United States, 1931-1945 mobi](#)

[download free Clothing Art: The Visual Culture of Fashion, 1600-1914 txt](#)