

*The unique
fun-to-use
system that
helps you make
the most of
your figure
with the clothes
you wear*

FLATTER YOUR FIGURE

Jan Larkey



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Worthwhile Investment! It is extremely, very detailed in assessing specific lines and cuts of clothes and if they will flatter you or magnify problem areas.! If your figures are in the - row then it will not work for you.. Helpful illustrations and step-by-step guidelines make the procedure as quick and easy as possible. In the front cover is an instant reference information where you circle the physique issues you have. Very helpful book!The book isn't about fashion by itself, it is about analyzing your proportions to be able to accentuate your good points and conceal your flaws. This is the fun part---taking your figure issue quantity/s you look over the garment illustrations where you will see the same figure issue amounts. There are + and - rows under each illustration. been looking for one for my sister who has been nagging me for years to provide mine to her. This book is quite valuable for helping a person uncover what areas of their figure to de-emphasize and how. Can help you figure out your own body's problem areas and shows suggestions about how to cover those up properly to fool the attention.. There are a variety of sections in the publication that walk you through the process. I found the procedure to be quite fun rather than overly tedious. The display of the material was easy to understand and put into the order it will be required. A dowel rod and a string supports some figuring. It generally does not. I had to have it back again. There is even more, but without the book before me, I cannot keep in mind everything that's included. Great book for understand what flatters your body shape. Ordered one back in 1990 and acquired to battle 5 sisters to maintain it so ordered 1 for each of them. Despite the fact that this reserve is on the old side, I would still recommend people get it, because it is still very useful, even now. I like its compact size, easy readability, well chosen words--without being as well wordy, the illustrations are well chosen and helpful. I have been using my copy for about twenty years---on and off as required, and am not really sorry I bought it. Men may also get some help from this as well relating to collar lines and waistline lines, cuffed vs. I've recently taken on this project as if it had been a doctorate (I am sick and tired of throwing cash away on unflattering clothing) and also have read nearly every fashion reserve on Amazon--thanks a lot to my library as I can't afford to buy them all. Each figure issue is numbered and ready for you to use in another portion of the reserve where you will find all sorts of garment illustrations---divided into sections (necklines, collars, sleeves/no sleeves, and length of sleeves, skirts, jeans, jumpsuits, swimsuits, underwear, outer wear and appropriate lengths and cuts). Apple, pear, etc. are not individualized enough; are your features are fine, your neck brief, your shoulders sloping.I got this book the first time after it had simply come out..? Once you figure out how the body is shaped, and observe which designs flatter or appearance frumpy, it makes clothes shopping that much easier Five Stars Love the bookThe book is very methodical, great if this is the way your brain works. Illustrations of necklines, skirt forms and hemlines--more than I ever considered is illustrated. It really reduces a creative process that a few women know and do normally, in order that a left brain person like myself and research, find out, practice and reap the benefits of. It is unfortunate, but accurate, that lengthy jackets and shapeless tops (so popular) are not my close friends though I love them on others. My daughter is 5'10," long hip and legs, narrow hips. Everything she places on looks great on her, just like these exact things look great on versions. I have been buying issues that I love on models, hoping it could make me appearance the same. It also gives some basic instruction for determining the type and size of lines and prints garments must have for your size of bone framework. And it's not doing any favors for the masses either.. I eventually gave it away because I idea my particular "flaws" weren't so great as to dictate my clothing choices--simply buy what I like. This book was very helpful in correcting several flaws in my clothes shopping. Once you work out how your body is shaped, . With the advent of web cam, I can take photos

and see obviously that proportion is essential. Jan L. uses a "blinking" technique; you close your eyes before a mirror, and quickly blink, to get a standard impression. I do not get good enough results with that technique, but a video camera and a mirror or a web cam is great to show me what I cannot "see" just by looking. By understanding your body's proportions, one can know which styles are flattering and which attract attention to one's problem areas. Great help for dressing. A few of the styles are outdated, but the procedure and resulting understanding function for any era's designs! non-cuffed pants, etc. I hunted high and low for a replacement and am pleased I came across it again. I really believe the book is out of print. Two Stars it was Okay only Ordered one back 1990 and acquired to fight 5 . Right now we are able to have some peace! Oldie but goodie This book has outdated pictures, but if you would like to dress yourself in proportion, with the eyes of a stylist--this may be the best book out there IMO. I owned this book years ago and loaned it to a friend, and then have her shed it. though admittedly, that is written with the girl in mind. I hope the publisher will re-issue this book, would especially want to observe this formatted for portable devices so as to take it on buying trip. It isn't a huge publication, so that it is handy for those who do not really have lots of time. I've since changed my mind. Still as relevant simply because ever! This is an incredible book. Then she gives the clothing types and fixes for each positive and negative: how exactly to feature, how to conceal. I imagine there are ladies who "go with the movement". I'm uncertain how useful the publication can be for them. The gold standard of number fix-its! I had this publication before and gave it away by mistake. It manuals you through the procedure of studying high and low contrast colors, how exactly to use color mixtures/garments to appear taller or shorter, thinner or heavier. It is a very useful guide, unlike a whole lot of other wardrobe self-help books. Its not necessary a measuring tape. Figure issues listed consist of: Double Chin, Small / Large bust, Solid neck, Short / Long throat, Thin / Heavy hands, Thin / Heavy legs, Thick ankles, Protruding abdomen, Flat / Heavy bottom, Wide hips, and three or so even more. You will choose your closet based on your proportions, not your measurements. This is also very helpful. Amazing book! If your quantities are found in both + and the - rows then you can determine if the majority of your quantities are in one row or the various other. Very easy, a lot of useful illustrations and pictures. I want i've gotten it as a teen! It's still as relevant as ever! If mostly in the + row it will work for you, but might use some accessories or extra garments or garment elements to create it work.. At the same time, the book has enough details to do the job of helping us discover what we want to so that we can make more informed purchases and better investments inside our initiatives to clothe our anatomies and present them well. Now that is my second period around; If your amount issue number/s is usually/are in the + row then you understand the garment illustration is certainly of 1 that will do the job. Every woman requirements this book! Long waist, short hip and legs, wide hips, broad shoulders--even though I am 5'7 and slim--need some believed and discretion when purchasing..First, there may be the section for evaluating your number. This book shows you how and what things to measure on you to ultimately determine where your proportions are pleasing and where they are off.



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