

RETIREMENT AND ITS DISCONTENTS

Why We Won't Stop Working,
Even If We Can

Michelle Pannor Silver

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Retirement and Its Discontents: Why We Won't Stop Working, Even if We Can



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In the favorite imagination, retirement guarantees a well-deserved relax?idle days spent traveling, volunteering, going after hobbies, or simply puttering around the house. But mainly because the nature of work has transformed, becoming not really a means of income but a major source of personal identity, many accomplished professionals have a problem with discontentment in their pension. Drawing on in-depth interviews that catch a variety of perceptions and common concerns about what it means to become retired, Silver emphasizes the significance of creating new retirement strategies that support sociable connectedness and personal fulfillment while countering ageist stereotypes about efficiency and work. A richly complete and deeply personal exploration of the challenges faced by accomplished retirees, Retirement and Its Discontents demonstrates the importance of personal identification in forging sustainable interpersonal norms around pension and assists us to rethink some of the new difficulties for aging societies. She comes after doctors, CEOs, elite athletes, professors, and homemakers throughout their transition to retirement as they battle to recalibrate their feeling of purpose and self-worth. The task ethic and interest that helped these retirees succeed can make giving in to retirement more difficult, as they confront newfound leisure time with uncertainty and guilt. What are we to do?individually and as a culture?when work and lifestyle experience make conventional pension a burden rather than reprieve?In Pension and Its Discontents, Michelle Pannor Silver considers how exactly we confront the mismatch between idealized and actual retirement.



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EXCELLENT The book is written for anyone interested in what retirement can hold ahead. fascinating read useful in taking into consideration the different options for retirement Essential read . Written with compassion, reflection and insights. It seamlessly combines actual case studies and meaningful educational data.



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