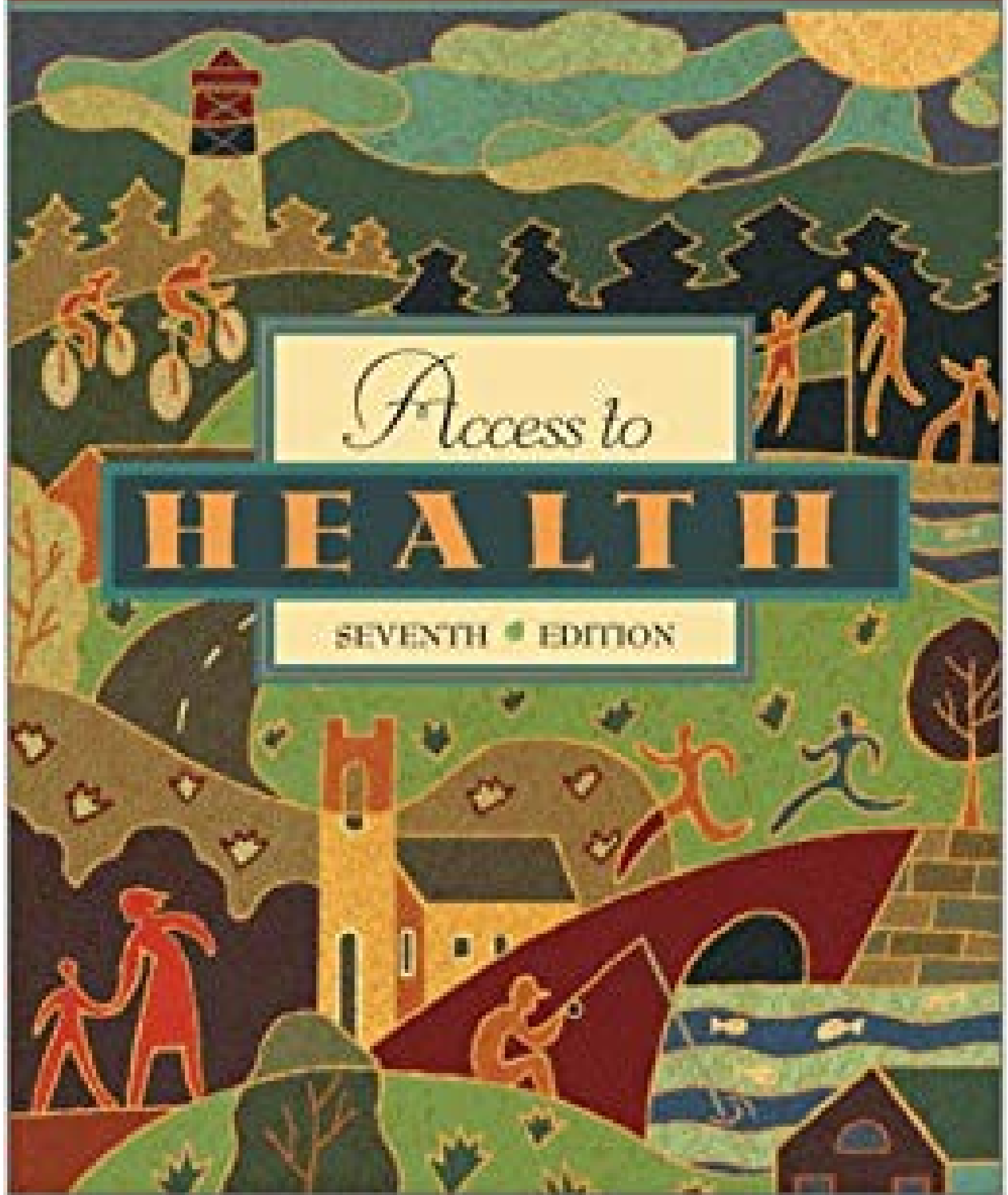


REBECCA J. DONATELLE

Access to

HEALTH

SEVENTH EDITION



Rebecca J. Donatelle

Access to Health (7th Edition)



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This revision of Usage of Health provides expanded coverage of complementary and alternative medicine in addition to free access to StudentBody101. New with this edition is usage of the StudentBody101. This market-leading health text continues to supply students with the tools necessary to develop a comprehensive knowledge of current styles in health, as well as how these trends impact their everyday lives. This fully customizable Website with assessments, validated by the World Health Organization, provides students with invaluable interactive material on seven major topics underlying personal health-alcohol, sexuality, tobacco, drugs, stress, nutrition, and fitness-that can be customized to match the scope of the course.com assessment device, available FREE upon demand as a shrinkwrap bundle with the written text.com, a whole new online assessment tool. The seventh edition builds on the achievement of prior editions by giving students with the practical means to assess and manage their own health behaviors within the context of current general public and community medical issues. The addition of many new boxed features, brand-new material on the emerging concept of spiritual health, and a fresh chapter on complementary and choice medication all serve to keep the contemporary focus for which Access to Health is well known. News stories, Wellness Assessments, and Weblinks are just some of the features that are offered to the learners to improve their classroom discussions.



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Health Class is Lame This is a required book for a college health class. The book itself is pretty lame and mainly an insult to the common person's intelligence, but seeing as it was needed and I HAD to get it, it was a really good price in comparison to what the faculty bookstore charges. I bought it used on right here for next to nothing at all and it's literally like sparkling completely new! came super handy. Great book!) However, I can't fathom any cause anyone would purchase this unless it was a required text message for a class. Great The book was in good condition. There were a few web pages that didn't print properly, leaving a type of white, but nothing that managed to get unreadable. The contents of the book were interesting, I learned a whole lot about health. No marks in it and almost no wear. My professor had taken all his questions for the examination and test from this book... Great reserve! My professor required all his queries for . This reserve had helped me move the course with flying colours. Came as described. Four Stars Good read Arrived as required in good condition as listed. good condition needlessly to say. Five Stars Never needed it but looks good Great price though I dropped the class, therefore i didn't use it. Great price though. interesting read with great information! Came as described We needed it for a college course, interesting read with good details! The book was in perfect form and in time. Return address I want a return address. I can't send back until then. (Maybe the last one who used it idea it sucked too and never read it. came super handy.



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