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SEVEN WIDOWED FATHERS
REIMAGINE LIFE



The Group

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The Group: Seven Widowed Fathers Reimagine Life



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On a mid-October evening, several fathers gathered around a conference table and met each other for the first time. Over time, group meetings evolved right into a discussion board for reinvention and transformed the men in unexpected methods. Brought together by tragedy, the fathers - Neill, Dan, Bruce, Karl, Joe, Steve, and Russ - forged an uncommon relationship. *The Group: Seven Widowed Fathers Reimagine Lifestyle* chronicles the challenges and triumphs of seven men whose wives died from cancer and were still left to raise their small children entirely by themselves. In fact, nothing about their lives felt normal anymore. None of the males had ever considered himself a "support group kind of guy" and each felt completely out of place. Through the fathers' poignant interactions, *The Group* illustrates that while some wounds never completely heal, each folks provides the potential to construct a new and meaningful potential. Rosenstien and Yopp, co-leaders of the support group, weave jointly the fathers' tales with contemporary study on grief and adaptation. The men's touching efforts to look after their households, grieve for his or her wives, and reimagine their futures will inspire whoever has suffered a major reduction. *The Group* traces a compelling trip of healing and personal discovery that no publication provides ever captured before.



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It was so excellent to observe the positive changes within their lives. It only took me a couple of days to learn **THE GROUP** because the stories were thus engaging. I must admit that I was reluctant to begin with reading because I'm not in the situation of those who tell their tales and I wasn't sure what things to expect. However it just took the initial sentence, an adolescent passionately questioning a parental decision, for me to say, "I can relate to that!" I soon became very interested in the touching and psychological tales of the courageous males who shared their lives with one another --- and later with readers of **THE GROUP**. I highly recommend this publication as a source and a treasure. Educational, Inspiring, Compassionate, and Uplifting! Beyond clearly offering guideposts for bereaved fathers, whoever has suffered the increased loss of a loved one, whoever has ever wondered "will this ever progress," will learn from **THE GROUP**. And, more broadly, anyone who's a parent, regardless of age their children, will cling to the thought of the "sufficient" parent and the honest reality that "adults don't constantly get things directly on the 1st try."

Reading **THE GROUP** has made a notable difference in my life. There were no books at that time focused on the knowledge of spousal loss with regards to parenting. Incredibly valuable work, and an instant and compelling read.. Hats off to both the authors! I could really relate with the men.. **Widowed Parents Can Relate** We was widowed at 36 when my hubby died all of a sudden, leaving me behind with 2 young children. What makes this book stand out for me is that it covers the unique challenges confronted by widowed fathers of young children . Why should I continue living? I was able to relate to many of the difficulties faced by these men. The story narrative design of the book helps it be so easy to learn and the movement is excellent. As a leader in dealing with families that encounter loss to members of cancer, this reserve really relayed the possibilities that families have to heal together. The high experienced and deeply humane group leaders are as amazing as the loving and brave fathers who we get to know in an exceedingly special method. And what perspectives from all the fathers! While reading the reserve, it gave me a sense of comfort and ease that I'm not the only one going through many of the trials these men describe. Even though I have not met some of them, I experienced a feeling of camaraderie with them. Rosenstein and Yopp explained and weaved jointly study, education (whether it had been about Viktor Frankl, Elisabeth Kubler-Ross, the Dual Process Model of Bereavement and the many other modalities) in to the storytelling in context. I came across the authors, Dr. Rosenstein and Dr. The book was brilliantly written. And I'm grateful to these guys who were ready to open up and share their grief journey to encourage other guys such as myself. It was so good to observe the positive changes within their lives! I could identify with this book on several levels - initial on profound losses both from murder and malignancy; I state this as your physician, as a grief recovery specialist, but, most of all, as also once being a widow with three young children. It really is simply written, the movement is fantastic, and the publication is simple to read. It had been so riveting that I put it down only when i had totally finished reading it in the wee hours of the morning hours.. The angle--widowed husbands, whose wives died of cancer, with young kids--was unique.! My heart could actually feel the heaviness of that first meeting held by the guys in that room. It opened my eyes. As a parent, as a partner - it is hard to describe what our grief can be and how exactly we move through every day. I am thrilled and I hope that there are a lot more support groupings such as these all over the world.. The 12 months that my wife passed away, I attended some of meetings of widowed fathers (not with the initial group) kept by the authors and found them very encouraging. It was naturally and seamlessly done. The book was so compelling that I couldn't put it down, and read it in just a little over a day time. I learned so much! This publication also displayed the feeling of hope and moving ahead together with your life, actually during the most difficult and trying times. It was obviously excruciatingly hard reading about the wives' tales but that was component of knowing each father. The tone of the publication was respectful and compassionate, each individual was allowed to speak with his own tone of voice, and I valued what sort of authors let the fathers control the group. The authors hardly ever butted in, by no means lectured to them, admitted if they didn't know something. This is a wonderfully written book that gives the reader hope that

life can continue after a devastating loss. This book is amazing.Drs..with such humility.I am hoping and pray this book goes around the globe because it is a lot needed by ANYONE who has lost a loved one. The narrative of the advancement of the band of widowed fathers is normally interwoven with the tales of the average person members and their families, and at exactly the same time a wealth of precious and accurate details on bereavement and recovery is definitely seamlessly supplied and illustrated. I had never considered it until I read the book.! Inspiring So moving, therefore uplifting. Great story and really well written.!. I cried, I laughed. Everything, amazing.. The group allowed these men to share the intimate information on their life with others who were having comparable experiences. The publication enables the reader to follow along on their journey and witness the curing that the men experienced by being part of this group. I highly recommend this book to anyone who has experienced a significant loss - it'll be an encouragement and support to those who read it. A remarkable achievement Wow. I almost don't know how exactly to describe the ways that The Group can be such an extraordinary read. (has that ever been performed before? A grief reserve created from the second-person perspective? Fantastic book, heartwarming stories. The way the story itself is unique, but the message is pertinent to all of us? How by the end of the book you realize you've learned so very much but never once felt like the authors were "teaching" you?. Find hope and healing, as you lose your self in the tenderhearted trip of these oh so brave males. It opens up this issue - Grief, Death and each up coming possible stage. In my humble opinion, this book is brilliant and I am hoping you read it and share it with friends, family, clients and co-workers. I had opted through many, many similar things but to hear it from a father's viewpoint was something else. This reserve allows my grieving clients to see their own experience resided out in the lives of others. They can conveniently make comparisons and study from one another what the next phase might be. Many thanks for the compilation and thank you for talking about a topic which is usually not discussed or shared. I'm so grateful for these brave men who shared their tale and allowed us to live and find out through that story. Therefore bold - many thanks! I burned through it in a weekend.! I have no idea any of the men, and yet I felt pleased with what they were doing to help themselves and their children. An excellent book that addresses the initial challenges of widowed fathers I lost my partner over two years ago and am raising three sons alone. Thank you to the brave guys who shared their heartfelt stories. Although I am a mom, I related significantly to the stories from the fathers in this book. While their gender styles the way they perceive and so are perceived by the globe because they try to progress after the deaths of their wives, their stories will resonate with all who have shared similar losses.. Invaluable insight right into a parent's grief experience This book is a a wonderful resource for not only fathers, but all surviving spouses with children. A Great Contribution to the Childhood Bereavement Field Amy Liebman Rapp, M.S.Ed. Rosenstein and Justin M. It is so well crafted and referenced that I found myself acquiring notes as I go through it. The courageous men who participated in this innovative support group system while raising their grieving children and allowed their tales to become shared, are our ideal Teachers. AM I GOING TO ever find love again? That is a wonderfully written book that provides the reader hope that life . It got me awhile to read The Group because I came across myself reflecting by myself grief journey which began 27 years back when my child was 8 years older.. The book was an easy, relatable read and I valued the honesty, insight, and hard truths viewed by these dads. Each navigating in their own ways and similar ways, as their lives have been turned upside down by the death of their youthful wives. My work is as a Bereavement Coordinator with Kindred Hospice and I've recommended this publication to numerous families that I work with.. I hope this book inspires comparable groups to be produced all across the country.. How do I reimagine the life span that I thought I was going to live? I'm not really a widowed mother or father, and I didn't have to be to treasure this book. A widow or widower is remaining to twist alone in the wind, wondering: What's okay to feel? Yopp. How do I parent without my partner?After the loss of my partner, I browse many good books about grief and loss but found it difficult to find books that touched on widowed fathers with small children. When do I remove my

ring or his clothes?.it is thus worthy of your time and effort! “The Group” tenderly requires us into the globe of seven widowed fathers who emerged together for what was to become a six-meeting-grief-support-group. and second of all on my personal encounter with my dad's oncologist., CT - CEO, Alex Cares for Grieving Youth® The Group: Seven Widowed Fathers Reimagine Existence - is a superb contribution to the field. What do I really do with my anger? The guys returned on the third Monday of each month to share their hearts, fears, dilemma, anger, and yearning.. A dash of grief theory and assistance are sprinkled in to give validation and framework from what is organic for the grieving center to see. The stories of these seven males will imprint on your heart as you ride along on their road of curing and lives reimaged.) The way in which styles of grief and resiliency are deftly interspersed with the story of the males? I loved how they cover the scientific/analysis side, but also kept that part light. Even though the situations are different, at the end the countless of the feelings will be the same.The tales told of each father really touched my heart to the core. It had been just beautiful. Yopp, to be extremely compassionate and caring. I love the way that the authors interspersed the touching stories of these seven males with the study on the grieving process. This information is helpful for widowed fathers, clinicians, family, friends, and doctors. It had been outstanding. Also, it really is insightful for oncologists in re-evaluating the way they consult with their patients and their own families about cancer. This book was fantastic on many levels. But six meetings converted into four years, as chronicled by both soft therapists who led the group, Donald L. We were by no means given any idea of what to anticipate with my dad's cancer diagnosis. Your research, work, website, and generosity in donating all of your proceeds from the book to such a worthy trigger is so admirable. Yopp and Rosenstein for filling such a required void. Congratulations to Drs.



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