

The background of the entire cover is a close-up, vertical view of a wood grain. The lines are wavy and run from the top-left towards the bottom-right, creating a sense of movement and texture. The colors are various shades of brown, from light tan to deep, dark chocolate and near-black tones, emphasizing the natural patterns of the wood.

AGING THOUGHTFULLY

CONVERSATIONS ABOUT
RETIREMENT, ROMANCE,
WRINKLES, & REGRET

MARTHA C. NUSSBAUM
& SAUL LEVMORE

Martha C. Nussbaum

Aging Thoughtfully: Conversations about Retirement, Romance, Wrinkles, and Regret



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We all age differently, but we are able to learn from shared experiences and insights. Other topics are cultural, which range from the treatment of aging women in a Strauss opera and different popular films, to a thought of Donald Trump's (and other men's) marriages to very much younger women. Listed below are ideas about when to retire, how to refashion social security to help the elderly poor, how exactly to study from King Lear -- who didn't retire successfully -- and whether to take pleasure from or criticize anti-aging beauty procedures. These engaging, thoughtful, and frequently humorous exchanges show how stimulating discussions about our inevitable aging can be, and provide valuable insight into how exactly we all might age even more thoughtfully, and with zest and friendship. The conversations, or paired essays, in *Maturing Thoughtfully* combine a philosopher's strategy with a lawyer-economist's. Some of the problems are useful: philanthropic decisions, relations with one's children and grandchildren, the buy of annuities, and how to provide for care in later years.



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Give it a thought This is a book by two scholars from the University of Chicago telling us that old age does not suck. A good debate will be assured with the launch of this publication, and the topics therein. I specifically enjoyed Martha's use of the letters between Cicero and his good friend Atticus to illustrate how friendships undertake new meaning as we age. The authors declare that this book is not about dying. Indeed, it is about living. The crucial qualification is that it is about living when our anatomies are no longer youthful, so when there are clearly some physical items we ought to think carefully before trying. It involves problems of selfishness and economics. Retirement is a key point. Celebrities such as Ivana Trump and how they have got handled rejection due to aging is also discussed. This book is interesting if you plan to hold your very own at your next social gathering in talking about the psychology of maturing and how it applies to celebrities and other historical figures. Levmore, an attorney who also has expertise in Economics, tend to be interesting. It really is a publication of encouragement – to take into account what we do with the remainder of our lives, having reached thus far. If the outdated do not go, how might the youthful rise to their places? Retirement plans, aging bodies, different looking bodies, romance, sex, and society's discrimination toward older people are all covered, with pro and con viewpoints. Retirement plans or problems with aging in general are in comparison to major literary people (King Lear and how he did not have a good retirement program) or literary figures such as for example Cicero and Shakespeare. Using a range of established functions by literary authors, from Cicero to Shakespeare, the authors address concerns of inheritance, of distribution when one is old. Using King Lear, they illustrate the issues concerning disinheritance and spending money on care in our advanced years. Planning for succession is very much a topic one cannot put away for long. King Lear provides enough material in thinking about this topic. These sections either oppose each other, or compliment one another about them matter presented. Naturally, maintaining beauty in later years is an important stage – or could it be? The thought of 'disgust' is talked about at length because this seems to affect the impressions on aging people, leading to bias and stigma. Sex and like in old age aren't taboo or laughable subjects. They are, as the authors display, serious types, and we are able to look ahead to a far more meaningful reflection of a sphere of lifestyle that people once idea was a preserve of the young and gorgeous. The chapter on aging and friendship is one of the most thought-provoking one. We will love the debate on convivial conversations and the appeal of gossip, the quality of chatting that differs between young and older people. You'll find yourself reading paragraphs another or third amount of time in purchase to get all the levels of meaning. Love the ingenious format of contact and response essays. Thought-provoking for certain, but definitely not a light read. Enjoyed it thoroughly Enjoyed it completely. They take turns to express their thoughts on matters that concern people who have reached the point within their lives when maturing, retirement, and loss of life begin to intrude into their thoughts. What I came across when I go through this book is that it was a philosophical consider the aging process, which will charm to people who wish to discuss age as it relates to other activities at dinner celebrations. Isn't that what professors are likely to do? Five Stars Great browse! I did not enjoy scanning this book and the topic matter can be depressing, when it should be enlightening. I feel this book is being marketed incorrectly, and should end up being marketed as a philosophy or sociology type book rather than beneath the psychology section at all. This amazed me as I generally choose the philosophical perspective that I expected Nussbaum, a philosopher, to bring to the book. Each chapter provides two essays, one each from both authors (Martha Nussbaum and Saul Levmore). Both authors are professors at the University of Chicago and one of the weaknesses of the book is that they bring an academic perspective to all or any of the

topics. They both exalt in the fact that they encounter no mandatory retirement and look forward to operating indefinitely. Nussbaum's essays, in particular, tend to become weighted toward cultural analyses including a fairly long overview of a Chicago production of King Lear and her analysis of several recent films featuring aging stars in romantic relationships. However the question is an over-all one as well. A Novel Approach to Great Topics that, Alas, Fails to be Very Interesting This book has eight chapters on topics of interest to the aging including Retirement Policy, Friendship, Aging Bodies, and Distributing Assets. Both authors' essays suffer from way too many references to points made later on in the reserve and too few references to the essays of the author co-author. The central chapters - such as essays on friendship, bodies, and looking back - are usually worthwhile and I wish that they had brought similar energy to the opening and closing essays. Five Stars very insightful book Misleading look at the aging process "Aging Thoughtfully" was marketed if you ask me as a useful book about growing older. Professorial for sure but it will make you imagine. This book which is written by Martha Nussbaum and Saul Levmore runs at 251 pages. Nevertheless, I was expecting a reserve that simply discussed growing old and the benefits and disadvantages of growing older. It is split into eight chapters, with two different sections-one by Nussbaum and one by Levmore. The book also covers subjects regarding the aging of the body, and what we can do (rather than do) about it. Should we peer into retirement communities? They explore the modern trends, and the way retirement communities will change when societies change. Right here the authors grapple with the issue, ought we retire? Nussbaum does not have any intention to, and plans to keep teaching until loss of life knocks her off her saddle. Nussbaum and Levmore have been aging for quite a while, and from the tone and articles of this book, they clearly do not think themselves outdated. It offers acknowledgements, an introduction and an index. The topics are difficult more than enough to speak about, much less find out about and the composing design of either author does not help with that.!



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