

HUNG OVER

THE MORNING AFTER
& AND &
ONE MAN'S QUEST FOR THE CURE



SHAUGHNESSY BISHOP-STALL

Shaughnessy Bishop-Stall

Hungover: The Morning After and One Man's Quest for the Cure



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"An engrossing, hilarious, and sometimes painful tour through the history and research of the morning after." And along the way, Bishop-Stall regales visitors with tales from humanity's very long and fraught romantic relationship with booze, and shares the suggestions of everybody from Kingsley Amis to a man in a pub. One minute you're fast asleep, and within the next you're tumbling from dreams of deserts and demons, into semi-consciousness, mouth filled with sand, mind throbbing. Hangovers have plagued humans for about so long as civilization has existed (and arguably much longer), so there has been the required time for remedies to end up being concocted. We've all been there. Bianca Bosker, writer of *Cork Dork* You're hungover. Courageous journalist Shaughnessy Bishop-Stall has gone to the front lines of humanity's age-old fight against hangovers to settle once and for all the simplest way to eliminate the effects of a night of indulgence (short of not drinking in the first place). One intrepid reporter's quest to understand everything there is normally to learn about hangovers, trying all of the cures he will get and explaining how (and if) they work, all so rest of us don't have to. But even in 2018, little is actually known about hangovers, and less still about how to remedy them. explores everything from polar bear swims, to saline IV drips, to the age-old hair of your dog, to why don't we all know those actually work. Cutting through the rumor and the myth, *Hungover* —



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It's not the treatment for the hangover, it's the journey Aside from offering a credible treat for hangovers, that is an easy paced, witty, and frequently suspenseful personal essay in regards to a writer's quest to find the treat for a hangover, and a serious meditation on the results of doing so. The result is complicated and intimate. The narrator balances his responsibility as investigative journalist, against his own personal well being. Strongly suggested. I completed with the conviction I acquired paid attention to close friend. Boring Long winded, verbose, and we're able to really do without the virtue-signaling.



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